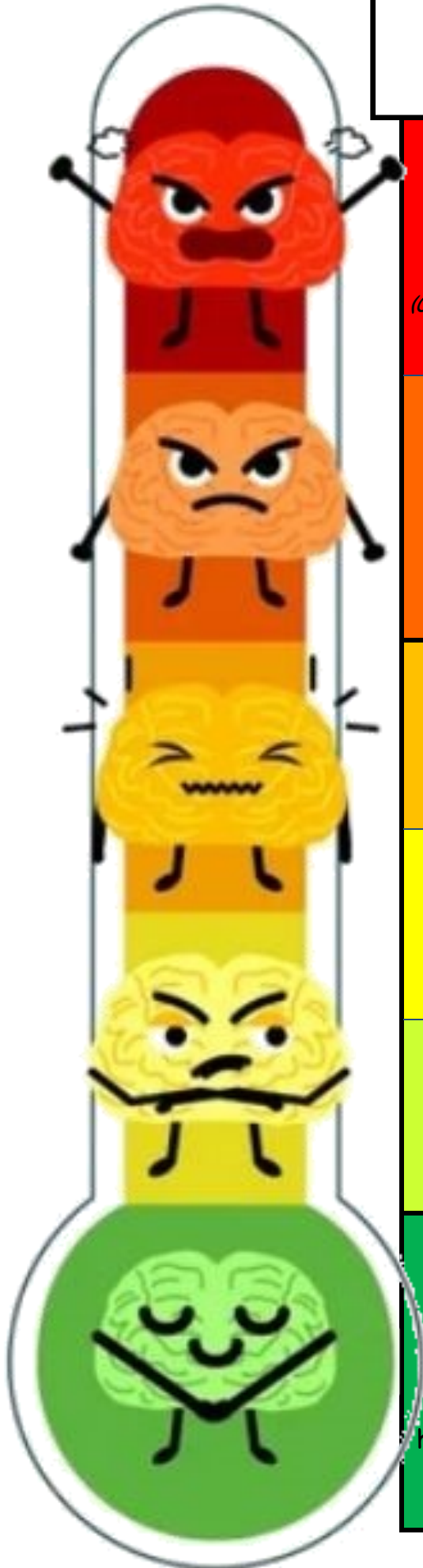


# My Behaviour Check-in



**5**

Re-entry  
(Office/home)

**I've flipped my lid!**

*I need extra support to become calm again and ready to learn.*

I am doing things like:

shouting, running away, throwing things, swearing, kicking and/or punching (using physical violence), damaging property, vandalising, bullying or harassing others.

**4**

Restore  
Time Out  
(Office)

**3**

Reinforce  
Time Alone

**I need some help...**

*I need some support to check-in on my emotions and re-focus on my learning.*

**2**

Redirect  
Warning,  
break

I am doing things like:

being dishonest, off-task, calling out, teasing, using inappropriate language, making noises, distracting others, talking back or arguing with teachers or peers, not following rules/ instructions, cheating.

**1**

Reminders  
x2

**I am ready to learn!**

*I am engaged & active in my learning.*

I am calm, being fair, respectful, safe, kind, listening, honest, using manners, using positive talk, asking questions, helpful, organised, persistent, learning from mistakes.